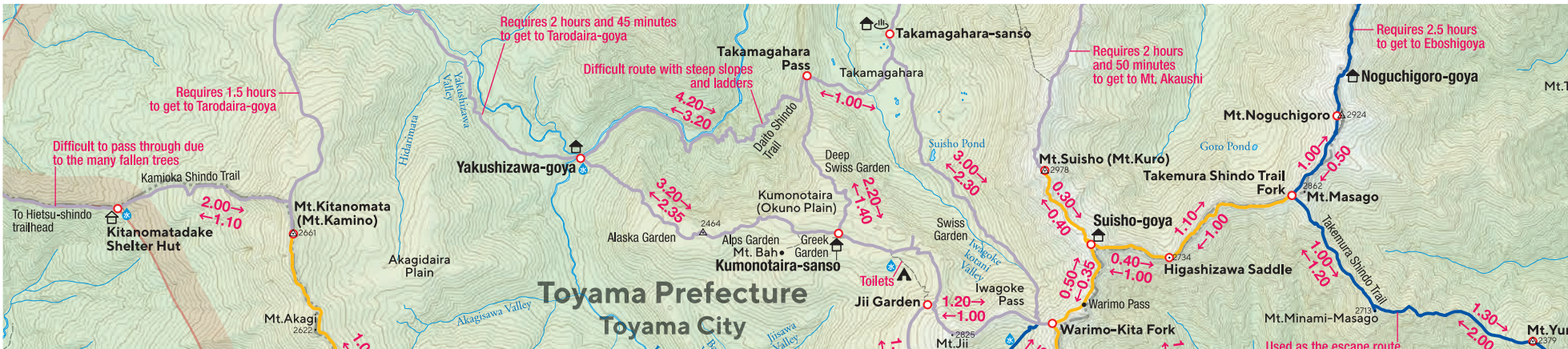




How to use this map

Map Legend



Information included in this map

This map was made based on the most up-to-date information as of March 2020. The names of mountains, lakes, rivers, landmarks and facilities are based on the “Yamakei Alpine Guide” guidebook published by Yamakei Publishers. Given the environment however, the hiking trails and local facilities on this map are subject to change. Please check latest information before beginning your hike.

Hiking times

The hiking times marked on this map are estimates based on the average pace of a hiker, 30-50 years of age, carrying sufficient gear for a 2-day hike during the snow free season, staying overnight in a mountain hut. The hiking times do not include rests/breaks. Actual hiking times will vary depending on factors of people in the party. Please use these times as estimates and plan your hike accordingly based on your own fitness level and experience.

Map scale and contour lines

The map scale is 1:65,000 therefore 1km is approximately equal to 1.5cm on the maps. The contour lines are 20m apart and the bold contour lines are 100m apart.

この地図は国土地理院の基礎地図情報および数値地図(国土基本情報)を使用して作成した

